



FABULOUS

Lesson Plans for 4's

OPTIONAL

Your Name: Karen

Program Name: LNCCC

Loy Norrix Child Care Ctr.

Title of Activity Eating the Alphabet

Topic of Study (if appropriate): Letter of the Week (Year Round)

Type of Activity Small Group Large Group Interest Area Idea Other _____

Area of Development/Learning:

Social/Emotional Physical/Health Cognitive Language, Literacy, & Communication

Science and Technology Creative Arts Social Studies Literacy Math

Materials for Child and/or Teacher:

- Book "Eating the Alphabet" by Lois Ehlert
- digital camera
- preschoolers
- alphabet cards
- food item we will explore/taste
- 12"x9" construction paper (variety)
- grocery fliers
- binder
- glue stick
- clear protector pages
- piece of paper and pen for teach to write down what children say

Explanation of the Activity (Beginning, Middle, End)

EXAMPLE: A for Avocado

1. Sit on rug together
2. Show avocado to children
3. Ask "what do you think this is?", "have you seen an avocado before?", "have you tasted avocado before?"
4. Pass avocado around child to child
5. Ask "what does it look like?", "what does it smell like?", "how does it feel -smooth, rough, hard, soft, bumpy?", "what do you think is inside?"
6. Save the food item to taste with lunch
7. Ask "how does it taste?"
8. Graph taste preference after lunch

Ideas to Extend the Activity

Make a classroom book using the paper, binder, clear protector pages, grocery fliers, glue, marker, camera, alphabet cards (make one page each week; take picture of one child holding food item and the letter it begins with to add to book once developed, preferably child whose name begins with that letter). Pick one child to draw a picture of the food and write the word; glue on pics from fliers that begin with that letter; put page in protector page and in binder; add a page each week until we are done with the alphabet. The we have a completed classroom book that we have enjoyed throughout the school year.

