



KC READY 4S MUNCH & LEARN TOPICS & DESCRIPTIONS 2018-2019

Fall 2018 (Oct-Nov)

★ Michigan Works! Southwest

Join us as we learn about community resources available right here in Kalamazoo. Michigan Works! Southwest provides education, training, and employment to adults, in addition to referral services, utility assistance, diapers, and more.

★ Language & Literacy

KC Ready 4s' Speech Pathologists and WMU Department of Speech Pathology & Audiology students invite you to go beyond reading! You'll learn ways to engage your child in reading, expand their vocabulary, and have fun! (2 opportunities available, prefer noon time)

★ Everyday Fun with Math

Using fun and simple activities that occur naturally throughout the day, you and your child have the opportunity to explore more math concepts such as part-whole relationships, shapes, spatial awareness, measuring, patterns, and data analysis.

★ Mindful Moments

Discussion and fun activities designed to improve your child's ability to pay attention, calm his/her body and brain, and manage feelings and reduce stress.

★ Nature & Noggins

Join the Kalamazoo Nature Center to bottle your curiosity and take a closer look at nature! Learn some techniques you and your family can utilize to help your child sharpen senses, exercise those observation muscles, and embrace a scientific mindset!

★ Team You & Me

Hands-on social and emotional skill development activities and practices for children and parents that will encourage the growth of healthy self-awareness, emotion-management, decision-making and responsibility.

Spring 2019 (March-April)

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★ Cooking with Kids

This creative and engaging hands-on food activity shows how making healthy choices can be fun and delicious! (*able to accommodate for food allergies and sensitivities)

★ Creative Movement

Creative movement gives children a way to express themselves, develop coordination, enhance creativity, and stay physically active! Learn the benefits of creative movement and ideas for doing creative movement at home!

★ Preschoolers as Scientists

Science learning is available to children all throughout the day, both at home and at school! Explore scientific ideas and share ideas for encouraging science at home!

JOYFUL, INTENTIONAL, LIFE-CHANGING: THE POWER OF PRE-KINDERGARTEN