



# MUNCH & LEARN INFORMATION

## 2019 - 2020

### Topics & Descriptions

#### ★ Language & Literacy

KC Ready 4s' Speech Pathologists and WMU Department of Speech Pathology & Audiology students invite you to go beyond reading! You'll learn ways to engage your child in reading, expand their vocabulary, and have fun! **Ideal Group Size: Any**

#### ★ Everyday Fun with Math

Using fun and simple activities that occur naturally throughout the day, you and your child have the opportunity to explore more math concepts such as part-whole relationships, shapes, spatial awareness, measuring, patterns, and data analysis. **Ideal Group Size: Any**

#### ★ Mindful Moments

Discussion and fun activities designed to improve your child's ability to pay attention, calm his/her body and brain, and manage feelings and reduce stress. **Ideal Group Size: Small (5-10 families)**

#### ★ Healthy Families

An interactive and educational activity for the whole family! Learn about healthy food choices as well as health family choices and supports. Ideas for strengthening your family while creating yummy and healthy snacks with your child(ren)! (\*able to accommodate for food allergies and sensitivities). **Ideal Group Size: Any**

#### ★ Preschoolers as Scientists

Science learning is available to children all throughout the day, both at home and at school! Explore scientific ideas and share ideas for encouraging science at home! **Ideal Group Size: Any**

### KC Ready 4s will...

- ★ Create flyers to help you market the event
- ★ Be in touch a few times before your event(s) to confirm details, provide ideas to help market the event, and suggest ideas for room set up.
- ★ Provide a \$35 Food Stipend to help offset the cost of food (not provided for Healthy Families as facilitator will bring food with).
- ★ Ask for a minimum attendance of 5 adults for the event.

JOYFUL, INTENTIONAL, LIFE-CHANGING: THE POWER OF PRE-KINDERGARTEN